



## Player Centered vs Command Style Development ( YDP u5, u6, u7, u8 )

### Roles Defined

#### *Coach's Role*

##### ***In the player centered approach:***

- Focus is the Player
- Creates a challenging game environment
- Provides options
- Asks players what they think
- Develops Players

##### ***In the "command style":***

- Focus is the Coach
- Creates exercises and directs session
- Provides solutions
- Tells players what to think
- Develops Clones

#### *Player's Role*

##### ***In the player centered approach:***

- Primarily learn from playing the game
- Focus = Playing
- Solve Soccer Problems

##### ***In the "command style":***

- Primarily learn from the coach
- Focus = Coach's Expectations
- Execute coach's direction

### The Goal

The goal of all of the Youth Development Program is to use a Player Centered Approach to produce players that:

- Are instinctive
- Are creative
- Take initiative
- Expresses individuality
- Thinks independently
- Understands options
- Solves problems
- "Own the game"