



Parenting with Character

MODEL appropriate behavior

- Cheer for your team and not against the opponent
- Never yell at an official or question a call on the field

Leave the coaching to the coaches and **SUPPORT** them in their efforts

- Support your player with positive reinforcement but leave the coaching and soccer education to the coach
- Thank your coach by practicing good communication skills and by supporting them

PRAISE and **COMPLIMENT** your child and avoid criticism

- Support your player with positive reinforcement and encouragement
- Allow adequate time and space for the player to decompress after games

Place the **RESPONSIBILITY** of getting ready and being prepared for practice or games on the player

- Have your player show-up on time with the proper equipment and attire
- Communicate any schedule conflicts with coaches and managers well ahead of time

Voice Concerns **APPROPRIATELY**

- Wait 24 hours after a practice or competition before addressing a coach with questions
- Calmly state your concerns, listen to the coaches answer, and keep an open mind while respecting their authority as the decision maker

EMPHASIZE EFFORT and **ENJOYMENT** over winning

- Praise the player immediately after a contest, regardless of a win or loss
- Encourage players to always give 100 percent and show respect

BE ENGAGED in your club

- Donate Time, Talent or Treasure; parent volunteers help keep a club running
- Take an interest in the parents and other players on your team, be a team player

Problem solve any issues your child has **WITH COACHES**

- Stay neutral and avoid making negative comments about the coach
- Teach your player how to be an advocate for themselves directly with the coach

OMAHA FOOTBALL CLUB

Cultivating a passion for the game while developing character in coaches, players and parents.